Nursery Breastfeeding Policy

Setting name: little garden nursery
Policy lead: Nursery Manager
Date implemented: September 2026
Review date: September 2027
Applies to: All staff, students, apprentices, agency staff and other adults involved in the care of children.

Breastfeeding

Little Garden Nursery offers a safe and welcoming place for babies to be breastfed in any public area of these premises. We aim to support the needs of parents, visitors or staff and be family friendly. We recognise that babies need feeding when they ask for it. Their stomachs are small and breastmilk is digested very quickly. Breastfeeding works best when mother and baby are both relaxed. Hungry, upset babies will generally be helped to calm down and become quiet when breastfeeding. This is good for all our parents, children and staff. How will this happen? All our staff support the needs and rights of mothers breastfeeding. Breastfeeding mothers of children at the nursery are welcome to come and feed on the nursery premises whenever they feel their baby needs it. Staff will contact breastfeeding mothers to come and feed their child, if and when appropriate to their baby's needs. A quiet room will be made available, if possible, upon request. If another client or visitor to the premises objects to discreet breastfeeding they should be told management supports breastfeeding. If the situation cannot be resolved readily, the complainant should be referred to the Senior Management Team. A copy of this policy will be available to all new members of staff upon induction, will be displayed at the entrance to the building and will be available on the website.

Breastmilk Guidelines for Parents

- Cups or bottles of breast milk brought in by parents should be labelled with the child's name and the date it was expressed.

Breastmilk Guidelines for Staff

- Breastmilk will be stored in the fridge in its own labelled box.
- Breastmilk will be stored in the back of the fridge (not in the door). The temperature of the fridge needs to be 4°C or lower. Fridge temperatures are checked each morning and afternoon by room staff as part of their daily Room Checks
- Milk can be stored in the fridge for up to 5 days from the date it was expressed.

Warming Breastmilk

- Wash hands when preparing cups or bottles.
- Milk should be warmed up in a jug of warm water. Do not use boiled water. The milk should be used within one hour. Milk can be warmed to a maximum of 37°C (body temperature) and the temperature should be checked with a thermometer probe. Probe wipes should be used to clean the thermometer. All equipment is on the shelf in the milk kitchen.
- The temperature of the milk should not be tested on the skin or wrist.
- Cups or bottles must not be emptied or washed by nursery staff.

- Used bottles are given to parents at the end of each day or will be put back in the child's bag to be sterilised or cleaned at home. Any unused milk will be put back into the child's bag to be discarded at home.

- Feeds should be recorded on the child's daily diary via Nursery Genie.

Monitoring and Review

The nursery manager will review this policy at least annually and sooner if there are changes to the EYFS statutory framework, government safer sleep guidance, relevant professional advice or nursery practice.

The manager will ensure that any changes are communicated to staff and implemented consistently.

Policy approved by: ___Rassmieh Ketabpour____